

**Infinity Ballet Dance Classes:** Dance at IBC is an education of skill and artistic development. Class placement is determined by factoring in a combination of age, experience and skill development. The faculty is trained to offer the class a gradual development in their lessons, using music appropriate to the age and level of the student. Performance opportunities are offered to all students through the Infinity Ballet Theatre. Please contact our receptionist at 919-303-1105 to help you choose the best class placement.

# **Opals Classes**

Ages 2 ½ to 4 Opals 1 Creative Dance Ages 3 ½ to 5 Opals 2 Creative Dance

#### Ages 5 to 6 Opals 2 Pre- Ballet and Tap Classes

An introduction for young children to learn basic coordination exercises practiced to different styles of music. The lessons include exercises for learning basic rhythms, working with others in simple patterns and simple dance movements using the full body. Emphasis is made to explore the use of the student's imagination.

**Dress Code**: Girls/Pink leotard and tights with pink ballet slippers & black tap shoes when Tap is included in Lesson. Boys/White T Shirt with black tights, sweatpants or gym shorts and white socks

and black ballet slippers or jazz shoes.

## Sapphires Classes Ages 6-9

Lessons offer the primary studies of dance technique in various styles of movement including classes in ballet, jazz and tap. Coordination exercises are highly emphasized for learning to listen to music while executing movements. Dances are taught to learn how to work as a group and develop basic performance skills.

**Classical Ballet Lessons** teach body stance, classical foot positions and pointes of reference for body poses, movements of the arms, performance etiquette, group coordination, musicality and relationship to space.

**Dress Code**: Girls/ blue leotard with pink tights & pink ballet slippers. Boys/ White T-Shirt, black tights or gym shorts, white socks and ballet slippers

**Jazz/Tap Lessons** introduce different styles of dance to various styles of music with an introduction to choreography. A **Ballet Lesson** is recommended in combination or addition for maximum achievement.

**Dress Code**: Same as ballet with option of Capri jazz pants or tight to the ankle and jazz/tap shoes.

#### Rubies and Garnet Classes

Ages 7 ½ to 11 Ruby One

Ages 9 to 12 Ruby

Two

Age 11 to Adult Ballet One and Two

**Classical Ballet Lessons** are offered for the beginning studies of classical dance training. The basics to all dance forms require the gradual assimilation of classical techniques by developing

strength, agility, flexibility, coordination and fluidity equally. Multiple lessons per week are recommended for students age eight and older and are necessary to reach maximum potential. **Dress Code**: Girls/ any shade of red or maroon leotard, pink tights and pink ballet slippers. Addition: Pink Ribbons are required for girls ages 10-14 in Ruby 2 Ballet Classes. Boys/ White T-Shirt, black tights or gym shorts, white socks & ballet slippers.

**Jazz, Modern and Hip Hop Lessons** practice compulsory exercises for body movement, conditioning, awareness and application to routines and choreographed dances in different styles of dance.

A **Classical Ballet Lesson** is recommended in addition for maximum achievement. Dress Code: Capri or jazz pants (tight at the ankle) and Jazz or Modern shoes maybe needed.

**National Character Dance** is the study of steps & styles from ethnic dances and their eventual application for the stage. It is recommended for all students who would like to perform.

### Emeralds Classes Ages 10 to Adult

Classical Ballet Lessons (Ballet Three) are at the advanced beginner and beginning intermediate levels of training for the study of Classical Dance; providing the gradual assimilation of all elements needed for maximum personal achievement and offering the student the greatest chance for satisfaction with their performance. Pointe work is optional with the approval of the teacher for students taking a minimum of three ballet lessons per week...

Dress Code: Girls Class green leotard, pink tights and pink ballet slippers. (Pink ribbons are recommended on Ballet Slippers & required on pointe shoes).

**Modern/Jazz Lessons** offer practice and instruction on stylized choreographed movements in exercises to develop routines and dances. A minimum of one classical dance lesson is recommended in addition for maximum results. Dress Code: Capri or jazz pants (tight at the ankle) and Jazz or Modern Shoes needed.

**National Character Dance** (see above) is recommended and required for scholarship students and those in the pre-professional program.

# Lilac, Amethyst and Diamond Class Ages 11 to Adult

Classical Ballet Lessons (Ballet Four, Five & Six) are offered daily at the Beginning Intermediate up through Advanced Levels for the study of the fine art of classical dance. Acceptance into the Pre-Professional Program is available

by approval of the directors. Multiple lessons a week are recommended to prevent injury and reach maximum potential. A minimum of five lessons per week are recommended for training and performing at Intermediate to Advanced levels.

Dress Code: purple leotard with pink tights and pink ballet slippers. (Pink ribbons on Ballet Slippers & Pointe shoes)

**Jazz & Modern Lessons** offers practice with specialized movements and different styles of choreography for opportunities to develop abilities to learn dances. Dress code: Capri/ Jazz pants or black tights with Jazz/Modern shoes by teacher

request. Modern Lesson is required for Pre- Professional Program.

**Variation Classes** are available for Emerald, Diamond and Amethyst Class dancers taking multiple classes a week to teach dances from various ballets at the appropriate skill level of the students.

**Tap Class** teaches tap dance skills using exercises with instruction to develop rhythmic control with fluidity and style. More advanced lessons develop choreographed routines in addition to compulsory exercises.

Trial Lessons are available for all ages. Financial Aid Scholarships are offered to students that are committed to training in classical dance.